



UNIVERSITY OF KENTUCKY
ASSOCIATION OF EMERITI FACULTY, INC.
www.uky.edu/UKAEF

Volume XXXVI, Number 2

UKAEF NEWSLETTER

November 2025

November Meeting Tuesday, November 11, 2025

By Dick Clayton, Vice President UKAEF

**Staying Home, Staying Connected:
Building Your Plan to Age in Place**

With average life expectancy at 78, many of us in our 60s, 70s, 80s, and beyond have experienced a significant role change. Throughout our life we have observed our parents making the salient life decisions we usually associate with “being adults”. However, as our parents have gotten more “mature” (i.e., older) many of us have had the opportunity (privilege) of helping our parents make decisions about whether to stay in their home or move into a group living setting, when to stop driving, and even more critical end of life decisions. At some point, our children may have to help us make similar decisions.

Thanks to Lee and Melinda Egerton for recommending we invite Wendy and Stephanie to make a presentation to our group.

Our PRESENTERS:



Wendy Feters, the Home Membership Advisor for Southwest Ohio and Kentucky

Wendy specializes in helping older adults planning to age in place safely and confidently. She works with individuals and families to create personalized plans for aging well at home. She collaborates with professionals in finance, elder law, and healthcare to deliver meaningful education and guidance. She regularly hosts programs on topics such as falls prevention, solo aging, and long-term care planning, helping people take charge of their future with clarity and confidence.



Stephanie Tewes, is a “Kendal at Home” Care Coordinator and COTA/L, CFPS

Stephanie Tewes is a Certified Occupational Therapy Assistant with over a decade of experience supporting older adults. As a “Kendal at Home” Care Coordinator, she helps individuals plan for safe, independent living at home. A certified Falls Prevention Specialist and “Stepping On” trainer, Stephanie brings practical tools and a deep commitment to helping people thrive as they age.

NOVEMBER LUNCHEON MEETING

Date: Tuesday, November 11, 2025

Place: St. Luke Church

2351 Alumni Dr. Lexington, KY 40517

(Due to construction around the Good Barn, all meetings for the 2025-2026 year will be held at St. Luke Church)

Social Time: 11:00 a.m.

Lunch: 11:30 a.m. - 12:00 p.m.

Program 12:00 p.m.

Speaker: Wendy Feters & Stephanie Tewes

Topic: “Staying Home, Staying Connected: Building Your Plan to Age in Place”

Business Meeting: 1:00 p.m.

Adjourn: 1:30 p.m.

**NOVEMBER 11 BOX LUNCHEON MENU FROM
McALLISTER’S DELI**

Your choices include:

- **The Veggie Box:** Spinach, tomatoes, crisp cucumbers, red onions, house-roasted multi-colored peppers, avocado and herb mayo, seasoned with salt n' pepper on 9- Grain bread.
- **Premium Club Sandwich Box:** Ham, turkey, bacon, cheddar, mayo, honey mustard, lettuce, tomato. Potato salad, Cookie
- **French Dip Box Lunch:** Roast beef, Swiss cheese, au jus, with a side of Caesar salad and cookie
- **Savannah Chopped Salad:** Grilled chicken, cranberries, gorgonzola cheese, honey almonds, tomato, and cucumber sherry shallot dressing on mixed greens with a side of fresh fruit

The lunch box will include drinks (lemonade, sweet tea, or unsweetened tea with ice)

***Please submit your choice by the deadline of
Friday, October 31, 2025.***

(Reservation form is on insert of this newsletter.)

FROM YOUR PRESIDENT

By Ron Hustedde

As your UKAEF president, I'm learning more about the vibrancy of UK emeriti and retired professional staff. I see members who are actively involved in multi-faceted dimensions of civic life. Many are contributing to philanthropic efforts and involved in intergenerational learning and maintain emotional and intellectual ties with their departments. Some retirees are publishing books and articles, receiving patents, informally serving as mentors and active in professional associations. In essence, we are 'not done' during our retirement.

The UK Association of Emeriti Faculty has a bold and creative Executive Committee that advocates for emeriti access to UK resources; we strive to increase our visibility. As noted in another article, we recently established the Jean Pival Emeriti Awards. Our Fellowship Committee is seeking nominations for doctoral scholarships. We're in the process of launching a new UKAEF website. Al Cross and Lori Garkovich are part of a new communications committee to strengthen the salience of retirees. We recently met with two deans who are open to cooperating with our association. Several of us are exploring research to learn more about UK retirees' interests and activities. UK needs to learn more about untapped emeriti assets: wisdom about the institution and disciplines, networks with alumni and philanthropy, service and intergenerational learning and meaningful relationships that run deep.

When emeriti and retired professional staff are valued and heard, everyone benefits.

Can you recruit others from your departments and units to help us expand and have greater impact?

Sincerely,
Ron

JEAN PIVAL EMERITI FACULTY DISTINGUISHED SERVICE AWARD

Sue Fosson and James Paul Chapman are the co-winners of the inaugural 2025 Jean Pival Emeriti Faculty Distinguished Service Award



Sue Fosson & Tom Janoski



Tom Janoski & Jim Chapman

Sue Fosson Work and Voluntary Background:

Sue Fosson graduated from Lexington Catholic High School here in Lexington and received her bachelor's and master's degree in education and home economics from Western Kentucky University from 1968 to 1974. After birthing and taking care of children, she began her career at the University of Kentucky, and for about eleven years was the Assistant

Dean for Student Affairs in the UK Medical School.

One annual event bears her name: ***The Sue Fosson Spring Humanities Festival*** sponsored by the UK Medical Center, Humanities Project. Sue Fosson's passion for connecting the arts with science among medical students led to the founding of this festival at the Singletary Center for the Arts, and the broader University of Kentucky Medical Center Humanities Project, which has grown over the years to include other UK health-related colleges. The festival bridges the various fields of work in health care with the special and often hidden talents of medical students with music, dance, and storytelling.

Contributions to our group:

Sue Fosson supported Jean Pival, the founding member of UK Association of Emeriti Faculty, as Jean aged and needed help in her continuing role as president of this organization. After that, Sue served as the UK Emeriti Faculty Executive Secretary from 2012 to 2025 for a total of 13 years. In this role she accumulated a vast experience of organization history and leadership methods. She developed:

- Membership recruitment with data from UK Human Resources
- Authored the first retirement guide along with regular revisions
- Sent personal letters and a free luncheon offers to new retirees
- Used Dropbox databases to sort lists of members and potential members
- Sent appreciation letters to all donors who contributed to the fellowship program
- Helped find new venues after the Boone Center Faculty Club was converted to student use
- Coordinated food offerings for luncheons with each change of venue
- Networked with associated retiree groups for senior citizens

Sue then served as vice president in charge of speakers for the four luncheons in 2022 to 2023 and as president from 2023 to 2024. All told, she served this organization as an executive committee officer for 16 years including her year as past president helping me.

Mary Witt, a former president herself, says that:

"Sue's positive demeanor, expert problem solving, and unwavering volunteering to make Board Members' ideas happen are legendary. She makes it hard for members to say 'no' when she recruits help, whether she request behind-the-scenes contributions or supporting UKAEF financially."

James Paul Chapman Work and Voluntary Background:

Professor James Chapman received his BS from St. Meinrad College in 1965, and then a Master of Science in Education and a Master of Arts in Classics from Indiana University in 1967.

Captain Chapman served in the Army from 1968 to 1971 and received a Bronze Star for service in Vietnam. *We thank you for your service.* He then received his Doctorate in Education from Indiana University.

After being director of academy affairs University Kentucky's Madisonville Community College, he moved on to the Lexington campus to be Assistant Budget Director. In the 1970s and 80s, he was Special Assistant to Vice President Academic Affairs, Assistant Vice President of Academic Affairs, and Assistance Vice Chancellor in

Administration. In the 1990s, he was Assistant Chancellor, Vice-Chancellor in Public Service and Outreach, and Interim President of the University of Kentucky-Lexington Community College. In other words, he accumulated so many “vices” he could get a job in a police department.

Meanwhile, in the classroom he was a professor of classics for 22 years and spent four years in the honors program. He also did academic consulting in Indonesia and Croatia.

Beyond UK, he was President at Shawnee State University, Provost for the University Alaska-Anchorage, interim Provost and Vice President of Academic affairs at Kentucky State University and Eastern Kentucky University.

With voluntary service, he was Co-chair of the Task Force Equality Public Schools in Fayette County, on the Board Directors Bluegrass chapter National Conference of Christians and Jews, and on the Lexington Commission Race Relation.

Contributions to our group:

James Chapman was treasurer of the UK Emeriti Faculty Association from 2012 to 2023, a period of exceptional service for 11 years. This is one of the more difficult jobs on the Executive Committee because:

- Money must be tabulated and handled with care
- Budgets are balanced, and operating expenses kept separate from fellowship contributions
- Reports need to be made to various levels of government

In other words, it is a job that few people want. As Michael Tearney states, Jim’s situation was even more onerous:

“Professor Chapman took over for Bill Stober who had been treasurer for the previous 13 years; however, Bill Stober died shortly after Jim Chapman became treasurer. As a result, Jim had to develop an accounting and reporting system with very little guidance. He accomplished that with a much more detailed reporting system that provided the Executive Committee and the general membership with up-to-date and detailed reports at every meeting for over a decade.”

Jim further added that his expertise to discussions and decisions in the Executive Committee of this organization.

And finally, he and his wife Ann generously provide \$2,500 each year for the UK Emeriti Faculty Association graduate student fellowship. This adds a fourth fellowship to the three that the general membership provides for the Emeriti Faculty Association.

CHANGE IN RETIREE HEALTH CARE PLAN VENDOR/CARRIER

By Mike Tearney Chair, Benefits Committee

As you probably know, we will have a new retiree health care plan vendor beginning on January 1. I was on the committee that made that decision. I fully agree with the decision as the University will save a considerable amount of money as will each of us and the benefits will be even better. The new plan vendor is Humana, and the change should be completely seamless, meaning no action is required by us. There will be several opportunities to learn about the new plan. In-person seminars will be hosted by Humana at the Clarion Hotel Conference Center-North on Monday, October 27, from 10 a.m. to noon and Wednesday, November 5, from 1 to 3 p.m. The Clarion Hotel is located at 1950 Newtown Pike in Lexington. Representatives from UK will also be in

attendance. In addition, there will be an Online webinar on November 11 at 10 a.m. The link for this webinar is <https://huma.na/UKY>. Dial-in will be 312-626-6799 or 888-788-0099. The Passcode, if prompted is 540272. Of course, we will all receive written information and new identification cards in the mail. For your information, our pharmaceutical plan with Express and with UK’s Know Your Rx pharmacist team helping us with our Rx benefit has not changed.

COMMUNITY HAPPENINGS

By Sheila Woods

BOOK PUBLICATIONS BY EMERITI FACULTY:

Rethinking Symbolic Interactionism part of Rethinking Sociology series

Thomas Janoski, Emeritus Professor of Sociology, Sociology Department, University of Kentucky, USA

Publication Date: 2025 ISBN: 978 1 03532 417

0 Extent: 190 pp

This discerning book critically analyzes the key principles of symbolic interactionism, outlining their strengths and examining current weaknesses. Thomas Janoski provides novel insights into the theory, rethinking some of its foundations while adhering to its basic symbolic principles of the self.

Patton's Tactician: The War Diary of Lieutenant General Geoffrey Keyes (American Warrior Series) Hardcover –

January 16, 2024

by Geoffrey Keyes (Author), James W. Holsinger Jr. (Editor)

Leading Health Organizations: Theory and Practice, Second Edition-April 1, 2025

by Erik L. Carlton (Author), James W. Holsinger Jr. (Author)

OLLI-OSHER LIFELONG LEARNING INSTITUTE from OFFICE OF LIFELONG LEARNING

By Chris Conley, Vice-Chair of OLLI Board

"OLLI at UK welcomes everyone aged 50 and older to explore new possibilities. OLLI offers classes in a wide range of topics, shared interest groups that provide participants opportunities to delve into wide-reaching conversations, a senior chorus, the weekly Donovan Program that invites community speakers, travel adventures and many other chances to learn and share experiences with the OLLI community and beyond. If you have a pet project, hobby or just a deep interest in something, you might consider becoming an OLLI instructor or Special Interest Group moderator. We always are looking to expand opportunities for our members."

INFORMATION FROM UKNOW

- UK to be first college in KY to offer **Artificial Intelligence** as a major offering a Bachelor of Science degree
- As part of Kentucky **FALL PREVENTION AWARENESS**, please consider signing up for **Smart 911**, a free service offered by the City of Lexington. When community members sign up for Smart 911, it gives first responders important information that will help them address a caller’s needs in an emergency.



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Association of Emeriti Faculty, Inc.
P.O. Box 8245
Lexington, KY 40533-8245

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COMMUNITY HAPPENINGS (cont.)

This information can help police, fire and EMS locate and help injured people at the residence. At the University of Kentucky Albert B. Chandler Hospital, falls are a large percentage of admissions. In the last fiscal year, the hospital had 2,449 registry entries for patients age 65 and over. Of those entries, 77% had reported a fall.

- University of Kentucky physics and astronomy professor **Gary J. Ferland, Ph.D.**, has been named the 2025 recipient of the Catherine Wolfe Bruce Gold Medal, the highest honor awarded by the Astronomical Society of the Pacific (ASP)
- The University of Kentucky Martin-Gatton College of Agriculture, Food and Environment (CAFE) and the One Health Initiative invite the UK campus community, along with local and state stakeholders, to the second **One Health Symposium** on **Oct. 20**. The symposium will be held online and in-person at the Gluck Equine Research Auditorium on UK's campus. A virtual link will be provided to those who opted to attend online. Event registration begins at 8 a.m., and speakers are scheduled between 8:30 a.m. and 12:30 p.m. For more information, agenda and registration, visit <https://onehealth.ca.uky.edu/symposium>.

EVENTS

FREE EVENTS:

- University of Kentucky Trumpet Ensembles (Modern and Baroque)
Oct 30 2025 | 8pm
Singletary Recital Hall
- UK String Project Concert
Nov 16 2025 | 11am - 12pm
Singletary Recital Hall
- UK Sax Ensembles
Nov 18 2025 | 7:30 - 9pm
Singletary Recital Hall

TICKETED EVENTS: Singletary Center tickets at etix.com

- UK Lab Band and UK Jazz Ensemble
Nov 6 2025 | 7:30 - 9:30pm
Singletary Recital Hall

- UK Symphony Orchestra - Nathan Cole Plays Sibelius Violin Concerto Mysterious Mountain and Shostakovich Symphony No. 5

Nov 7 2025 | 7:30pm

Singletary Concert Hall

\$20 Adults / \$10 Students/FREE for UK students

- UK Jazz Combos

Nov 9 2025 | 7:30 - 9:30pm

Singletary Recital Hall

- UK Chorale

Nov 13 2025 | 7:30 - 9pm

Singletary Recital Hall

- UK Wind Symphony

Nov 23 2025 | 3 - 4:30pm

Singletary Concert Hall

- UK Symphony Band and Concert Band Concert

Nov 23 2025 | 7:30 - 9pm

Singletary Concert Hall

- UK Symphony Orchestra - Ricardo Morales Plays Mozart Tchaikovsky Symphony No. 4

Dec 4 2025 | 7:30pm

Singletary Concert Hall

\$20 Adults / \$10 Students FREE for UK Students

- COLLAGE: A Holiday Spectacular

Dec 6 2025 /2pm and 7:30 pm; Dec 7 2025/ 3:00 pm

Singletary Concert Hall

\$47 Individual / \$22 Student

\$34 Groups of 15+

VOLUNTEER OPPORTUNITIES

From **OLLI-New Shared Interest Group (SIG)**

"The Human Domino Effect"

Volunteer at Julius Marks Elementary to strengthen reading skills and teach positive character traits to kindergarten-5th grade students.

TUESDAY MORNINGS- 8 AM – 2 PM during school year

Founder: Stephanie Fairchild Fister sfairchildfister@icloud.com

859-333-9790

2025-2026 EXECUTIVE COMMITTEE

OFFICERS

President: Ron Hustedde

rhusted@uky.edu

Vice-President: Dick Clayton

rclayton@uky.edu

Treasurer: Claudia Heath

cjheath@uky.edu

Recording Secretary: Michael Reed mreed@email.uky.edu

Executive Secretary: Janet Cabaniss jcabaniss@gmail.com

Past President: Tom Janoski

t.janoski@uky.edu

Administrative Consultant:

Casie Clements

casie.ukaef@gmail.com

502-219-6172

COMMITTEE CHAIRS

Benefits:

Michael Tearney

tearney@uky.edu

Dan Stone

dan.stone@uky.edu

Fellowship: Lee Edgerton

leeaedgerton@gmail.com

Membership: Susan Effgen

seffgen@uky.edu

Programs: Dick Clayton

rclayton@uky.edu

Newsletter: Sheila Woods

sheila.woods57@gmail.com

Communications/Website:

Al Cross

Al.Cross@uky.edu

Lori Garkovich

lgarkov@uky.edu

IN MEMORIAM

- ♦ James Anderson, MD - Endocrinology
- ♦ Mary Carol Karnes, Spouse of Jake Karnes - Disability Resources Center
- ♦ Karen Cromwell, Spouse of Gary Cromwell - Animal and Food Sciences
- ♦ Robert Marciani - Dentistry
- ♦ Eugenia "Genie" Whayne, Spouse of the late Thomas F. Whayne - Cardiology

"Good teaching is forever and the teacher is immortal."—Jesse Stuart

UK ASSOCIATION OF EMERITI FACULTY MEMBERSHIP APPLICATION, 2025-2026*

(Dues for 2025-2026 should be paid in September 2025)

**IF NO CHANGES FROM 24-25 PLEASE FEEL FREE TO SIMPLY WRITE "NO CHANGES" ON THIS FORM
WHEN SUBMITTING YOUR DUES.**

NAME _____ SPOUSE'S NAME _____

Dept./Col. _____

Address _____

Zip+4 _____ Tel. _____

E-mail address (please include, if you have one) _____

2025-26 Dues are* \$35 (includes spouse or partner) **CHECK ONE:** New member _____ Renewal _____

If you would like to receive future newsletters via e-mail only, please check here: _____

MY CONTRIBUTION TO THE FELLOWSHIP FUND*\$ _____

(CHECK ONE) in memory of _____ in honor of _____ Name: _____

**Make check for membership dues and /or fellowship donation payable to UK Association of Emeriti Faculty (UKAEF).
Mail form and check(s) to: UKAEF, c/o Casie Clements, 4812 Trillium Pl., Lexington, KY 40514-1410*

***PLEASE BE SURE TO CHECK YOUR MAILING LABEL, ON THIS NEWSLETTER, TO SEE IF YOU HAVE
PREVIOUSLY PAID YOUR 25/26 DUES.***

NOTE: *A few folks paid early and used last year's rate. Your mailing label on this newsletter will indicate that dues have not been paid with a "no", if less than the \$35.00 25/26 dues have been paid your label will indicate the amount received to date, and if paid in full your label will say "yes" next to the Dues Paid field.)*

UK ASSOCIATION OF EMERITI FACULTY BOX LUNCHEON RESERVATION for **TUESDAY, NOVEMBER 11, 2025**

I plan to attend the luncheon. Enclosed is \$ _____ for # _____ reservation(s) at \$15.00 each.

NAME _____ GUEST'S NAME _____

Box Lunch Choice(s): _____ **Veggie** _____ **Premium Club**
 _____ **French Dip** _____ **Savannah Chopped Salad**

Is transportation to St. Luke's Church a problem for you? _____ Yes _____ No

If "Yes", what is your address: _____

Phone Number: _____ Email address: _____

**Make check for luncheon reservation payable to UK Association of Emeriti Faculty (UKAEF).
Mail form and check to: UKAEF, c/o Casie Clements, 4812 Trillium Pl., Lexington, KY 40514-1410*

Note: Deadline for making reservations or to cancel reservations is Friday, October 31, 2025.
If close to deadline: Call Casie at 502-219-6172 or e-mail: casie.ukaef@gmail.com
